



Welcome to the Women's Fly Fishing Seminar

Hello Fly- Fisher ladies,

I'm very excited about our upcoming Women's Fly Fishing Seminar event on June 23rd & 24th.

Just think... it won't be long and your dream of standing on a river, peacefully casting & fly fishing will soon come true! You'll be reading the water. Studying the insects around you. Pondering which fly to use. You'll be thinking like a Fish. Fly-fishing is a celebration of the senses and the spirit. Hopefully you'll enjoy your get away fly-fishing weekend!

I thought I'd share with you a few items you need to know to get you ready for the big day!

What time & where is the event?

We will be meeting each morning at the **NYS DEC Salmon River Hatchery at 8:00am.**

The Salmon River Fish Hatchery is located on County Route 22, one mile northeast of the Village of Altmar, Oswego County. NYS DEC Salmon River Hatchery, 2133 County Route 22, Altmar, NY 13302-2201 Ph: 315-298-5051 Here are the Google step by step directions:

<http://maps.google.com/maps?daddr=2133%20County%20Route%2022,%20Altmar,%20NY>

What you need to bring?

1. Please bring a valid NYS Fishing license; you will need to carry this with you on the water.
2. Boot Foot Waders & or Waders & Wading Boots. It's best if they are studded or equipped with corkers so you don't slip. There may be poison ivy & ticks in the woods, so waders will keep you safe!
3. Hat and Polarized Sun glasses (with a strap if you have one)
4. Water , so you're not dehydrated
5. Sun Screen
6. Bug Spray
7. Rain Jacket
8. Reading glasses if you need them during the fly tying session.
9. Snacks: Snack bar, granola bar trail mix if you get hungry on the stream.
10. Camera, preferable in a zip loc bag if not waterproof.

Optional, but not required



11. Wading staff (if you have one)
12. An equipped fly rod & reel (we will provide you equipment if you don't have one)
13. Assorted flies (we will provide these if you don't have any)
14. Fishing Stories.... about the one that got away!

Women's Fly Fishing Seminar Agenda

Day 1 - Saturday June 23rd

8am – Everyone meet at the NYS DEC Salmon River Hatchery for introductions and a light breakfast.

We will have coffee, juice water and assorted donuts or danishes. Please leave your waders in the car as they are not allowed inside the Fish Hatchery. If you want to learn on your equipment (rod & reel) during the casting, please bring it inside with you that morning.

There will be a registration table in the entrance way, and they will sign you in and give you a name tag. Please keep this on you when ever you're at the event for Day 1 & Day 2.

8:30 – noon Lecture and hands on exercises

Basic Instruction will cover all aspects of fly-fishing. Equipment setup, fly tying, basic entomology, fish habits, knots, leaders and casting. You will get a chance to learn to tie your own fly, and have hands on casting instruction outside on the hatchery lawn.

Noon – 1:00pm Lunch will be provided at the Hatchery - cold cuts, sandwiches with the trimmings & beverage.

1:00pm – 4:00pm Afternoon fishing on the Salmon River. River guides will assist you on the Salmon River practicing what we learned. You will be instructed on where to go, just a short drive from the hatchery. Once you arrive on the river, you will need to suit up in your fishing clothes & waders.

Evening: Ladies are on their own for dinner & lodging. If you need information on local overnight lodging please contact lindsay.agness@rochester.rr.com and we'll certainly help you.

Day 2 - Sunday June 24th

8am - Gather back at the NYS DEC Salmon River Hatchery. We will have a light breakfast and share key learning's and review any questions on flies, gear, equipment, casting, knots.

8:30 am – 1pm

More on the water instruction on the Salmon River. You will be instructed on where to go, just a short drive from the hatchery. Once you arrive on the river, you will need to suit up in your fishing clothes & waders. River guides will be assigned to assist you. Continue Day #2 of fishing and further instruction on the water.

1:00pm Meet in parking area for wrap-up & goodbyes!



Here are some places to eat while in the area

Eddy's Place - 3866 Route 13, Pulaski, NY 13142. (315) 298- 7538

Stefano's Pizzeria -3852 Rt. 13, Pulaski, New York 13142. Phone 315-298-1122

River House Restaurant - 4818 Salina Street, Pulaski, N.Y. 13142. Phone (315) 509-4281

Burger King - State Route 13, Pulaski, NY (315) 298-6618 3832

Please feel free to contact me with any additional questions you may have about the weekend.

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