



We are excited to offer online volunteer training resources to assist you in providing quality programming and to better serve veterans with disabilities through your TU Veterans Service Partnership program. These resources were developed by TU VSP and Higher Ground Sun Valley through a grant from the VA Adaptive Sports grant program.

Topics Include:

- ◆ Working with military veterans and military families
- ◆ Working with the VA
- ◆ First Aid and Suicide Awareness Resources
- ◆ ADA information
- ◆ Adaptive Equipment
- ◆ Fly Fishing Instruction Techniques

Trout Unlimited VSP

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Resources



Volunteer Training Resources

Psych Armor Institute Online Volunteer Training

PsychArmor Institute is a nonprofit that provides FREE EDUCATION and support for all Americans to engage effectively with the military community. PsychArmor has created a team for the TU VSP. We have chosen a group of 10 courses designed for training TU VSP volunteers how to better serve veterans with disabilities.

15 Things Veterans Want You to Know

How to Talk to Someone with a Disability

Advanced De-escalation Technique for Volunteers

How to Interact with Assistance Animals

Helping Others Hold On

Communication Skills with Veterans

Supporting Someone with Invisible Wounds

Trauma Informed Interactions with Veterans

Recreational Volunteer Opportunities with Disabled Veterans

S.A.V.E Suicide Awareness

Following is a link to sign up for the free training. Simply **register**, go to **My Courses**, and take these useful courses. You may offer this link to your volunteers or you may contact PsychArmor and set up your own group for your VSP program. Doing this will allow you to compile your own course list, and it provides you as the administrator with tools to track the progress of your volunteers.

<https://psycharmor.org/sign-up/trout-unlimited/?gid=9542&unDQKsk/P9eXU>



Program Design Resources



Working with Veterans and Military Families Dr. Keith Tidball

Dr. Tidball is a Senior Extension Associate in the Department of Natural Resources, and Assistant Director of Cornell Cooperative Extension for Veterans, Military Families, and Disaster Education. He serves as the leader of a suite of projects dealing with veterans and military families.

Military Families and becoming trained/knowledgeable to work with them,
<https://militaryfamilies.extension.org/>

Understanding the role of Guide/Instructor among wounded service members, this 60 minute recorded webinar has been very well received -
"Understanding the Outdoor Recreation and Restoration Program Leader as "Caregiver" in the Returning Veteran Context: Identifying Training Needs and Gaps"
<https://learn.extension.org/events/1411>



Resources



Working with the VA By Dustin Alger

**This resource is available as a PowerPoint at
www.tu.org/veterans**



Resources



Volunteer Training Resources

Basic First Aid is an often overlooked aspect of volunteer training. When running a VSP event, it is ALWAYS A GOOD IDEA to have someone available who has Basic First Aid Training and to have a basic First Aid kit on hand.

To take **ProFirstAid** Basic Adult CPR/AED and First Aid course you will go to www.protrainings.com

Click **Sign Up**.

Create your user profile

Select the **ProFirstAid Basic** course

Watch the series of training videos

Take multiple-choice test

Pass with 80% or above

Proceed to checkout

Enter discount code: **troutfishing** You receive **20% off \$39.95**

Process payment

Receive certification immediately (print off via Training Dashboard)

Suicide Awareness

Veteran suicide is a serious problem. VSP volunteers working with veterans often develop very close relationships and should have some basic suicide awareness training. The S.A.V.E Suicide Awareness course included in the previous Psych Armor course list is an excellent suicide awareness training resource.

The following link will take you to the Google Play App Store and a link to download a widget for your Android smartphone that links to the VA Veterans Crisis Line. The Veteran Crisis Line helps the veterans who are there in crisis, with caring VA people by providing a Toll free hot line, online chat and text messaging services. It is a 24 hours free helpline service.

<https://play.google.com/store/apps/details?id=com.saras.veteranecrisis>



Program Design Resources



ADA Presentations
Jeff Burley, MS, CTRS
Higher Ground Sun Valley
Adaptive Sports Director

Jeff's extensive background in adaptive sports from clinical to sport instruction dates back to 1995. Yet, even though he's put the time in instructing as well as studying recreational therapy, he's always eager to build his knowledge of the field. Jeff is also eager to share his enthusiasm and expertise. For example, Jeff recently hosted and presented the first-ever, Higher Ground Trout Unlimited, Fly Fishing Train the Trainer event. If Jeff isn't casting a line or skiing with participants, you can find him outdoors with his family enjoying whatever seasonal sport is available at the time or with friends discovering his next favorite microbrew.

Surface study for accessible trails in the outdoors.

<http://www.ncaonline.org/resources/articles/trails-surfacestudy-finalreport.shtml#.WPZ5PwU0hGI.gmail>

Janet Zeller Choice/Compromise when it comes to accessing waterways for individuals with disabilities.

<https://www.nps.gov/ncrc/programs/rtca/helpfultools/launchguide.pdf>

Federal open spaces and outdoors.

https://www.fs.fed.us/recreation/programs/accessibility/pubs/pdfpubs/pdf10072014/1223-2806P-AGORT-COL-08-20-13_Errata2Fixed_300dpi2.pdf

The next two are from the United States Access Board and give some information on minimal standards.

<https://www.access-board.gov/attachments/article/589/boating.pdf>

<https://www.access-board.gov/attachments/article/590/fishing.pdf>



Tips for Teaching Fly Fishing to Veterans with Disabilities

By Dave Kumlien
TU VSP National Coordinator

This presentation is available as a PDF at
www.tu.org/veterans



Resources



Disability Equipment Lists

List from Disable Sports USA

<http://www.disabledsportsusa.org/sport/fishing/>

List from VA.

<https://www.prosthetics.va.gov/>

Mobility Equipment

Track Chair

<http://www.actiontrackchair.com/Default.aspx#.WadDK8iGM2w>

Walknchair-

<http://walknchair.com/>

Free Wheel

<https://www.gofreewheel.com/>

Boats

Willie Boats

<https://www.willieboats.com/2016/12/05/river-feet/>

Adipose

<http://adiposeboatworks.com/wordpress/>

Hyde

<https://www.hydeoutdoors.com/>

RO

<http://www.rodraftboats.com/>

Koffler

<http://kofflerboats.com/landing-craft/>



Resources



Casting and Rod Control

Strong Arm

<http://www.strong-armfishingproducts.com/>

Casting Partners

<http://www.fishagain.org/>

Rexfly

<http://rexfly.com/adaptive-one-arm-fishing/>

Reels

Vivarelli

<http://www.francovivarelli.com/ecommerce/en/node/26>

Fly Tying

Gateway Hooks

<http://gatewayhooks.com/loopnlock/>

Olympic Peninsula Fishing Innovations

Evergreen Hand

<http://www.fishagain.org/>



Resources



TU TACKLE BOX

The Tackle Box on tu.org has great information on the VSP including a copy of the VSP program guide and a link to the free, one-year membership for veterans.

www.tu.org/veterans

TU VSP Facebook page <https://www.facebook.com/TUVSP/>

TU VSP Blog Group on tu.org blog <http://www.tu.org/connect/groups/veterans-service-program>

FREE TRIAL ONE-YEAR MEMBERSHIP FOR VETERANS

This membership is a free, one-year trial membership for veterans. It must be used only for a **new** TU member and cannot be used for a renewal. The requirements are that the individual is a veteran and is involved with a TU chapter's Veterans Service Partnership program. While there are no specific criteria, we ask the sponsoring TU Chapter to use its own good judgment when offering the membership.

The membership information must be entered into the online membership form through this link.

[Free One Year Trial TU Membership for Vets](#)

The chapter assignment is automatically made by the Zip Code on this form. If you know that the zip code assignment will necessitate a chapter re-assignment, please contact me at DKumlien@tu.org , and I would be happy to make the re-assignment.

If you have questions, please contact Dave Kumlien, VSP Coordinator at DKumlien@tu.org or call 406-570-0023