Fishing Tips

**Redband Trout**

In streams and streams, Redband Trout are easily spotted. In lakes and still water, fish the edges, inlets, and outlets. When fishing from the shoreline, cast to creasing fish in structures. If available, use a boat or personal watercraft to cover more water. Redbands can be caught using flies, artificial baits, and standard worms and grubs, but ensure your local fishing regulations are reviewed and respected in your area. Once hooked, Redband Trout are one of the strongest fighting fish at freshwater, often jumping repeatedly and stripping line from anglers tools.

**Fly Box**

**Dry Flies**
- Adams, Royal Wulff, Romper, Shoo Hoo Caddis, Pheasant Tail Nymph, Booby, Epezis

**Nymphs**
- Hare’s Ear, Pheasant Tail Nymph, sugar jacks, Prince Nymph, Cinnamoids

**Wet Flies**
- Sṅg’s Deceivers/Wholly Boggers, Colorado, Muddler Minnows

**Lures**
- Panther Martin, Rooster Tail, Blue Fox or Mepps Agamas

**Color**
- Long-haired quills on back, silver colored tail, a red spot to black spotted band with lines of red沿 in natural regions.

**Size**
- Males average 6–10" in small streams, but will range from 14–30 in current lakes.

**Spawning Season**
- Spawning can occur as early as mid-December and begins when daily water temperatures exceed 42°F. Spawning typically begins when daily water temperatures exceed 42°F.

**Habitation**
- Redband Trout are adaptable to almost any waterbody and can thrive in various conditions.

**Lifespan**
- Redband Trout reach maturity at three years of age and can live up to 16 years, depending on their location and habitat.

**Distribution**
- Redband Trout are found in small and medium streams and rivers, as well as lakes.

**DIET**
- Redband Trout are omnivorous and feed on insects and terrestrial invertebrates, and in rivers and lakes on crustaceans, and fish.

**Threats and Current Status**
- Redband Trout are currently endangered by habitat loss and fragmentation, overfishing, and climate change.

**A Species in Time**
- Redband Trout are native to the interior of the Cascade Mountains. They are one of the last true native rainbow trout species found in the region.

**Current Range**
- The Redband Trout range is primarily in the Pacific Northwest, however, it has been introduced to other regions such as the Rocky Mountains and the Pacific Northwest.

**Historic and Current Range**
- Non-native Rainbow Trout populations are found throughout the Columbia River Basin, as well as in the interior basins of Oregon.

**Conservation Efforts**
- The conservation of Redband Trout is critical for the future of this species, as it is a unique and valuable resource in the Pacific Northwest region.

**Additional Resources**
- For more information on fishing in the Pacific Northwest, please visit [www.wta.org](http://www.wta.org) or [www.westernnativetrout.org](http://www.westernnativetrout.org).

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**Get to Know Your Native Interior Redband Trout**

**Oncorhynchus mykiss**

**Common names**
- Redband Rainbow Trout

**Habitat**
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**Distribution**
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