Hot Topics at Summer Camp

Please share in the chat your name, camp, and where you are calling from.

Webinar Series 2019-2020
What unexpectedly took a lot of your time this summer?

*Put in chat = /PIC/ /PIC/ your answer to the question above.
What unexpectedly took a lot of your time this summer?

*Put in chat = /PIC/

your answer to the question above.
2019 Calls to ACA Crisis Hotline

- Health and medical issues: 25%
- Personnel & staff issues: 19%
- Allegations of child abuse: 19%
- Camper issues: 16%
- Parent issues: 3%
- Business & operations issues: 11%
- Infestations: 4%
- Miscellaneous: 4%
Hot Topics at Summer Camp

According to the ACA Crisis Hotline

Yikes.

- Bed bugs
- Mental Health
- Politics
- Parents
- Vaping
- Transgender campers & staff
- #MeToo
• bed bugs can survive cold temperatures but succumb to heat over 120 degrees Fahrenheit

• best defense is to avoid exposure
vaping

• a container that heats a liquid into an aerosol that the user inhales

• flavors, nicotine, CBD, THC

All JUUL e-cigarettes have a high level of nicotine. According to the manufacturer, a single JUUL pod contains as much nicotine as a pack of 20 regular cigarettes.
What’s your policy for campers, CITs, staff, and visitors?

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parents

• custody conflicts
• parental anxiety and camper-sickness
• “over”-involvement w/ both campers & staff
• request/demands for cabin assignments/photos/internal paperwork
• approach with an attitude of partnership
• parenting post 9/11
politics

“If you don’t have anything nice to say, don’t say anything at all.”

brave space
Collaborative Problem Solving

1. Together, we can find solutions.

2. Minute

- Share ideas
- Ask questions
- Offer suggestions
- Listens
- Listens
- Listens
- Listens
- Listens
- Listens
- Listens
- Listens
- Listens
Mental Health

- Self-harm
- Depression
- Bipolar
- Eating disorders

Anxiety

- What’s developmentally appropriate?
- What resources are available to you?
Mental Health

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance & information
- Encourage appropriate professional help
- Encourage self-help and other support strategies
Mental Health - Suicide

• “Are you having thoughts of suicide?” OR “Are you thinking about killing yourself?”

• Have you decided how...? when...?

• Have you secured the things you need to carry out the plan?

TEXT CONNECT to 741741

National Suicide Prevention Hotline 1-800-273-8255
- gender identity
- gender expression
- sexual orientation

sex

[Hand-drawn diagram of a person with heart symbolizing gender identity and other labels connected to the figure]
Gender Identity

- share pronouns as part of intros
- invite conversations about gender

- what universal adaptations can you make?
# MeToo

• #1 reason parents don't send their children to camp...

• get authorities (police, attorney, insurance co, license counselor) involved ASAP
A Flow Chart About Consent

Acknowledge power dynamic

Are you doing something to somebody or doing a task?

Doing to

CONSENT

Ask
“May I... Will You...?”

“Yes.”

“No.”

I respect that.

Do the thing.

Doing a

COOPERATION

Instruction
“Let’s... Please join me...”

“Yes.”

“No.”

“I respect that.”

Do the thing.
Whew! That was a lot!

What’s next?

Resources for you

Handout

ACA

Summer Camp Professionals FB

CampHacker & Camp Code

Summer Camp Con!
Contact

ruby@rubyoutdoors.com

https://rubyoutdoors.com
https://womenincamping.com

Insta: @rubyoutdoors

camphacker.tv/camp-code
Scenario